



C.G. Jung Society

OF NEW ORLEANS

Fall and Winter 2017 • Vol. 26, No. 2

It's time to renew your membership!

Jung Society membership is open to all. If you're a member, please use the enclosed form to renew...or if not yet a member, we invite you to become one. You can also join at the door when you attend a monthly program or online at our website. As a Jung Society member, you're admitted free to all nine evening programs, receive a discount on any Saturday workshops, and have checkout privileges at the Society's library. See inside for fall program offerings. ☺

Active Imagination: Relating to Ourselves

*Marilyn Marshall, MA, LPC,
Jungian Psychoanalyst*

Jung's idea of individuation is an ongoing process in which one becomes the whole individual that she or he is.

However, it's not easy for us to become 'undivided' from ourselves for we have been deeply affected consciously and unconsciously by parental, ancestral, cultural, and religious expectations and limitations. These four influences, among others, have significant sway as we try to establish and live our lives. Consequently, we learn early and continue to relegate to hidden rooms and attics, islands and prisons, foreign lands and deserted neighborhoods the Other within that does not fit the designated mold, that we perceive as wrong, bad, immoral, negative, or weak. This relegation, i.e. repression, may have been necessary to survive; it may have been helpful and effective for many years – until we found ourselves stuck or we were faced with a moral dilemma that did not fit into our carefully constructed lives.

Little Girls

The world is crowded with little girls
Reflections in tears,
Women's and men's.
Strawberry strands
Auburn curls
Brunette pony-tails
Golden locks
Enter dreams, fantasies, consulting rooms
Wanting to be remembered
Waiting to be remembered
Do they all play together
On some dimensional island
Like Pinocchio's or Peter Pan's
So they can forget,
Forget they were
Forgotten by time
Ignored by maturity
Silenced by shame
Rejected by reason
No,
For they do enter
And want
And wait
To be remembered
To be lived.

Fortunately for us, Jung developed the concept of active imagination as a means to explore unconscious material that appears in dreams, fantasies, emotional states and complexes. Active

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Active Imagination,
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imagination uses introspection of interior images, art, sculpture, dance, writing, dialogue, and poetry as a way to relate to the Others within us. I wrote the above poem a couple of years ago after a particular week of working with quite a number of analysands who all shared dreams, stories or photos of little girls, their tears exposing a repressed or dismissed experience of the child's past longing, loss or trauma that was alive with us in the present. Individuation beckons us to relate to this Other. My own little girl, silenced at seven, had waited forty years for my attention; that poem honored her, again, and the little girls I met in those sessions.

In Psychology and Alchemy Jung remarks, "Experience, not books, is what leads to understanding." Jung is not limiting experience to outer life; it includes the inner life. The two reflect and affect one another. You have probably had the experience of a dream or fantasy that felt "so real" to you that you had to acclimate yourself afterwards. Sexual dreams certainly attest to this! Waking from a nightmare with a gasp of terror and a racing heart or jerking awake with flailing arms or legs before falling to your dream death suggests the body's 'real' experience. Even the bad mood hidden in "I woke up on the wrong side of the bed" alludes to an unconscious reality and its effect.

And who has not been triggered by a complex? This gripping experience occurs in your outer reality and yet an unconscious, emotionally charged aspect of your inner reality

has taken over, usurped your ego's typical control or balance and affected an outer experience differently than you may have desired. Later, you may have said to yourself: "I can't believe I said that" or "did that" or "I don't even remember saying that." To understand who we are and thus live our lives more fully, we can use active imagination to relate to the little child or the adolescent, the homeless man, the neighbor, or the crazy one and discover the unconscious part of us that the image symbolically reveals, and it's rarely what we already know about ourselves.

The Whinnying Woman

I met her in June of 2008 . . . in a dream.
She was a killer with a knife
She was crazy - this short, squat, disheveled
old woman -
Whinnying like a horse.
She didn't speak - she just whinnied in this
high-pitched manic sort of a way.
I was terrified
So I did what anyone would do -
I called the police
And they came -
Handcuffed her and took her away.
(But when I woke from the dream
And later worked with her image)
I imagined what it would be like to be her . . .
To be a crazed woman who thought she was
a horse.
In my mind, I climbed on a chestnut mare
And rode bareback through a grassy field.
The horse galloped with long powerful strides
As if she had just been set loose from ages
of confinement
So, I crouched close to her
My head right above her thick, sweating,
solid neck
And as the wind whipped her mane and
my hair
Her mane *became* my hair
And it was as if I was the horse.
Sensations in my chest
Expanding with muscle and bone and pumping
heart
Tears in my eyes
Flowing with the sadness
That I had never felt this free
And with the joy that I felt it now
I wanted to rear up, to stand majestically
on hind legs and make that sound
the crazy woman made.
And so I did.

When we relate to unconscious Others, they change, and no longer estranged, we change. Sometimes this mysterious connection is about healing early psychic wounds, sometimes broadening a personality that has been deprived or limited by old attitudes; other times it's a courageous awareness and acceptance of being human. But each time, we begin to understand that there is much more to us than we had ever imagined and we become more of who we are.

Reminder from a Three Year Old Boy

The twinkle
The laughter
Tickle me
Again
Again
Again
Joy
Again and again
Resounds in the simplest pleasure
Of a tickle
Of a twinkle
Of laughter
To be so new
To open your arms to life
To pleasure, to joy
Somehow we lose this
Not somehow
Life brings the other too
The suffering, the sadness, the loss
No memory of relationship
To the tickle
The joy
The laughter
Again
Again
Youth wants to delight in it
Age seems to diminish it
Maybe dilute it
Maybe just make it lukewarm
Lukewarm laughter!
Not a preference for a three-year-old boy.

Despite the grievous state that collective life finds itself in, on one side or the Other, in one country or the Other, the three-year-old boy reminds us that pleasure, joy and laughter is desired, needed – again and again. ☺

See page 6 for an
Active Imagination Group



FALL 2017 PROGRAMS

Friday, September 8, 7:30 pm

The Study of Consciousness and Dissociative Identity Disorder

Presenter: Suzette Doescher, MA, LCSW

Identifying various states of consciousness has been an ongoing investigation by psychologists since the 1700's research into "animal magnetism," the 1800's into hysteria, the 1900's into hypnosis, and the 2000's into the variety of dissociative experiences. The study of states of consciousness is still a new and complex area of individual differences and abilities, some healthy and some unhealthy, but all apparently geared toward survival. While psychologists research and philosophers explore, psychotherapists must deal with the day-to-day questions presented by patients experiencing dissociation. The presenter will

describe her experience working with people with multiple personalities, followed by a panel discussion on the subject and Jung's theory of complexes.

Suzette Doescher is a graduate of Tulane University with an MA in Social Work. She is in private practice in Texas with over 20 years experience treating trauma and stress in hospitals and clinics. She is certified by the American Society of Clinical Hypnotherapists, by the Assisi Institute for Archetypal Patterning, and is trained in EMDR.



\$15, students \$10, members free, \$10 additional for CEUs

Tuesday, October 4, 7:30 pm

Evolution of Consciousness: Random or Meaningful?

Presenter: Ilya A. Dubovoy, MD

Do organisms evolve only through random changes or can evolution be a meaningful, goal-directed activity? For decades the dominant model, the Modern Synthesis or "Neo-Darwinian" paradigm, stripped any possibility of agency or meaning from the process of adaptation. But growing evidence from molecular biology and genetics shows that the plasticity of the genome and the capacity of individual organisms to change are remarkably regulated and purposeful. We'll describe these findings and their correspondence to teleological models of psy-

chological development from the works of Nietzsche, Jung, Heidegger, Teilhard de Chardin, and other thinkers.

Dr. Dubovoy attended the College of William and Mary and received his MD from Tulane University. He is currently completing his first year of neurology residency at Houston Methodist Hospital. In his spare time, he likes to explore Continental philosophy and Eastern and Western mystical traditions.



\$15, students \$10, members free, \$10 additional for CEUs



FALL 2017 PROGRAMS

Tuesday, October 24, **7:00 pm**

The Eland People: Striving for Wholeness

Presenter: Lynne Radomsky, PhD

This journey takes us into a remote region of the Kalahari desert that borders Botswana, Namibia, and South Africa, and into the territory of the San Bushman who can trace their origins back almost 200,000 years to the first people, and two million years to homo erectus, the first hunter-gatherers. The ritual of the Eland initiation, which is central to the healing mysteries of these people, is amplified through alchemical symbolism in relation to the stages of the coniunctio through the work of C. G. Jung. The tracking of the symbolic process of such an initiation allows for the witnessing of the autonomy and creative function of

the objective psyche. This ritual can further be understood psychologically as an image of the individuation process.

Dr. Radomsky is a clinical psychologist and Zurich-trained Jungian analyst with a professional focus on private practice and post-graduate clinical training and supervision. Her direct and personal experience with various communities of indigenous healers provides a rich backdrop to and foundation for her work.

PLEASE NOTE:

This program starts at 7 pm, a half-hour earlier than usual.

\$15, students \$10, members free, \$10 additional for CEUs



Tuesday, December 5, 7:30 pm

The Archetype of the Father: Past and Present

Presenter: Jutta von Buchholtz, PhD

To be a father is—historically as well as today—a hugely challenging yet somehow elusive task. Whatever the need or demands in the external world, the fathers' role in the internal one is of central importance for the child's development. We will discuss the father in his terrifying, devouring, heart-breaking, absentee, cruelly abusive, and wise mentor incarnations, using examples from past and present, drawing on literature, the arts, myths, fairy tales, and psychological writings.

Dr. von Buchholtz, a native of Germany, has lived in the US far longer than in Germany. She has a PhD in Medieval Literature and is a Zurich-trained Jungian analyst. She sees clients in Birmingham, Alabama, gives lectures and workshops in the US and abroad, and is core faculty for the Interregional Society of Jungian Training Seminars in New Orleans and Memphis/Atlanta.

\$15, students \$10, members free, \$10 additional for CEUs





FALL 2017 PROGRAMS

Friday, January 12, 7:30 pm

Nature, the Nature Archetype, and the Psychology of C. G. Jung

Presenter: Stephen Foster, PhD, LPC

Jung said that the greatest threat to earth is humanity; that was in the context of the atomic bomb, but it applies to our current relationship to nature as well. With Dr. Foster, we will examine the Archetype of Nature in its bipolar qualities of light and shadow. Alchemists, attempting to liberate spirit from matter, developed the concept of Anima Mundi – World Soul – which expanded to Ecopsychology in the image of Gaia, or earth as a living organism. The images of this archetype may contain the seeds of transformation needed in these challenging times.

Dr. Stephen Foster, in addition to holding a PhD in organic chemistry from Imperial College London, is a Licensed Professional Counselor and Jungian psychoanalyst, a training analyst with the Boulder Seminar of the Interregional Society of Jungian Analysts and a member of the National Association for the Advancement of Psychoanalysis. He practices in Colorado and lectures widely on nature, alchemy and the relationship between Jung and physicist Wolfgang Pauli.



\$15, students \$10, members free, \$10 additional for CEUs

Our deepest thanks for your support!

To our members...and especially to those of you who donated to the Jung Society on GiveNOLA Day...we extend our thanks and appreciation for your ongoing support.

Cost of CEUs for LPCs and Social Workers

Most of our programs offer CEUs and we want to make sure we can continue to do so. Due to the cost of getting approval from the accrediting bodies, we have found it necessary to increase what we charge for CEUs from \$5 to \$10 per program. We feel this is still reasonable and are glad we can continue to offer this service to our attendees.



Want to learn more about Jungian thought? Explore these opportunities offered by Jungian analysts

DREAM GROUPS with Jungian Analyst Constance Romero

In New Orleans or Mandeville, come explore your dreams with others in a welcoming environment designed to facilitate a connection to your unconscious life. Dreams fascinate and perplex us with their images and the myriad feelings they evoke in body and soul. As Jung writes, dreams come from a well deep within that connects us to the personal and transpersonal realms. If understood, dreams can enliven us, help us make meaning, and act as guides in our lives.

The groups meet one Sunday afternoon per month from 4-6 pm. For further information, contact Constance Romero at romeroce4@aol.com or call 985-778-1641. *Space is limited, so make sure to reserve your place now.*

"The dream is a little hidden door to the innermost and most secret recesses of the soul, opening into that cosmic night...long before there was any consciousness...A dream that is not understood remains a mere occurrence; understood, it becomes a living experience." C.G. Jung

ACTIVE IMAGINATION GROUP with Analyst Marilyn Marshall

"Using Active Imagination to Relate to the Unconscious" is a new offering designed to help you explore your complexes, dreams or fantasies with art, clay, writing, poetry, etc. This is not a dream group; rather, it is a time set aside to creatively relate to your inner life and unconscious aspects of yourself. Three two-hour sessions on the following Sundays: September 24, October 29, and November 26.

If interested in attending or learning more, contact Marilyn Marshall at 504-236-0735 or by email at marilynmarshall@gmail.com.

"Without this playing with fantasy no creative work has ever yet come to birth. The debt we owe to the play of the imagination is incalculable." C.G. Jung

**We invite you to volunteer with the Jung Society.
Your talents are needed and will be much appreciated.
Email us at jungneworleans@gmail.com**



C. G. JUNG SOCIETY OF NEW ORLEANS STATEMENT OF PURPOSE

Following the general thrust of Carl Jung's analytical psychology, the Society presents an interdisciplinary program to foster self-understanding by the individual. Jung's deepest interest was in arriving at insights capable of bringing genuine help to the individual. His theories laid the groundwork for a new understanding of man, the significance of which extends far beyond the boundaries of psychology in the conventional sense. The goals of the C. G. Jung Society, then, are to offer a forum for the exchange of ideas in the sphere of the humanities, that family of knowledge that deals with what it is to be human, to make value judgments, and to select wiser courses of action. As Jung often stressed, it is within the individual, and not on the level of collective social measures, that the problems of our age must be met and the foundations for a healthy society preserved and strengthened.

CONTINUING EDUCATION CREDITS FOR SOCIAL WORKERS AND LPCs

Most programs are approved for social work contact hours through Tulane School of Social Work and for LPC clock hours through NBCC. The C. G. Jung Society of New Orleans is a National Board for Certified Counselors (NBCC)-approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The provider (ACEPTM) solely is responsible for all aspects of the program. For more information on NBCC-approved continuing education clock hours, see www.nbcc.org.

JUNG SOCIETY

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ANALYSTS IN THE NEW ORLEANS JUNGIAN SEMINAR

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Jutta von Buchholtz, LPC, PhD
Birmingham | vonbuchholtz@me.com | 205-591-6688
Lucie Magnus, MA, LPC, MFT
Birmingham | lexamagnus@gmail.com | 205-870-7510
Marilyn Marshall, MA, LPC
New Orleans | marilynmarshall@gmail.com | 504-236-0735
Charlotte Mathes, LCSW, PhD
Metairie | cmathes7@gmail.com | 504-266-2537
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Richmond | egmclaren@earthlink.net | 804-288-6734
Deldon Anne McNeely, PhD
Abita Springs | mcneelydeldon@gmail.com | 985-875-7363
Jim Michel, MA
Minneapolis | jamemichel@gmail.com
Constance Romero, LPC, LMFT
Mandeville and New Orleans | romeroce4@aol.com | 985-778-1641
David E. Schoen, LCSW, MSSW
Covington | davidschoen60@yahoo.com | 985-892-9545
Jacqueline Wright, EdD
Atlanta | jacquiwright1@gmail.com | 404-327-6002
Deedy Young, LCSW, MSW
Lafayette | ddyoung100@aol.com | 337-981-9601

Learn more at neworleansjungianseminar.org

FALL 2017 PROGRAM CALENDAR

Friday **The Study of Consciousness and**
Sept. 8 **Dissociative Identity Disorder**
7:30 pm *Suzette Doescher, MA, LCSW*
\$15, students \$10, members free

Tuesday **Evolution of Consciousness:**
Oct. 3 **Random or Meaningful?**
7:30 pm *Ilya A. Dubovoy, MD*
\$15, students \$10, members free

Tuesday **The Eland People: Striving for Wholeness**
Oct. 24 *Lynne Radomsky, PhD*
7:00 pm \$15, students \$10, members free

Tuesday **The Archetype of the Father:**
Dec. 5 **Past and Present**
7:30 pm *Jutta von Buchholtz, PhD*
\$15, students \$10, members free

Friday **Nature, the Nature Archetype, and**
Jan. 12 **The Psychology of C. G. Jung**
7:30 pm *Stephen Foster, PhD, LPC*
\$15, students \$10, members free

Please put these dates on your calendar...
we look forward to seeing you!

CEUs for Social Workers and LPCs are \$10 additional per program.

See note on page 5.

Meeting Address: Parker UMC, 1130 Nashville Avenue, New Orleans

Mailing Address: 609 Metairie Road, #171, Metairie, LA 70005

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C. G. Jung Society of New Orleans
609 Metairie Road, #171
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