

C.G.Jung Society of NEW ORLEANS

Fall 2024 • Vol. 33, No. 2

DELDON ANNE MCNEELY, PhD

January 5, 1933-May 4, 2024

t is with great sadness that we announce the passing of our dear Board Advisor Del McNeely in May of this year. She served as our Advisor for seven years and was unequaled in her commitment and dedication to the New Orleans Jung Society.

She was distinguished for her books and plays. Among her publications, she authored four books on Jungian psychology: *Touching: Body Therapy and Depth Psychology; Animus Aeternus: Exploring the Inner Masculine; Mercury Rising: Women, Evil and the Trickster Gods;)* and *Becoming: An Introduction to Jung's Concept of Individuation.*

She also wrote a memoir, *A Russian Lullaby* about the three years she lived in the Soviet Union.

Her play, *Visions of Genius*, addresses the relationship between Jung, James Joyce, and his daughter Lucia. It was performed in 2016 as a sold-out benefit for the New Orleans Jung Society.



Another play, *An Atheist, a Priest, and a Jungian Analyst Walk into a Bar,* was performed in 2019, also as a fundraiser for the New Orleans Jung Society.

Del received her PhD in clinical psychology from Louisiana State University and was Board Certified in Clinical Psychology through the Ameri-

can Board of Professional Psychology for over 50 years. She studied at the C. G. Jung Institute in Zurich and completed her training as an analyst with the Inter-Regional Society of Jungian Analysts in the United States. She maintained a private practice as a Jungian analyst for many years.

We are pleased to announce that Jungian analyst Marilyn Marshall, MA, LPC, has agreed to become Board Advisor to the C. G. Jung Society of New Orleans. She has held this position before and we look forward to working with her.

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It's time to renew your membership

All memberships now renew each September. For the annual \$80 membership fee, you receive free admission to 8 evening programs. You can renew online now at jungneworleans. org...or pay at the door...or use the renewal form on page 6 of this newsletter. Of course, if you prefer, you may simply attend as a guest and pay \$20 for each program. *All are welcome.*



Friday, September 13, 7:30 pm

The Process of Individuation

Exemplified in the Life of Jungian Analyst Barbara Hannah

Presenter: Jungian Analyst Elizabeth Colistra

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES AVE., NOLA \$20, free to Jung Society members

Jung's concept of individuation is the process of fully becoming one's self. Barbara Hannah was an extraordinary woman and Jungian analyst who lived according to the principle of individuation and the archetype of wholeness. The archetype of wholeness invites us to discover and own our innate gifts and qualities, as well as the rejected and unacceptable ones, ultimately working to unite them in a wholistic (rather than perfectionistic) way.

After analyzing with Jung and his associates, Barbara Hannah became an analyst in her own right, lecturing widely and publishing several books related to the concepts of analytical psychology, as well as a biography of Jung. This presentation will highlight how her ongoing relationship with the unconscious facilitated a process of wholeness, uniting the opposites within, resulting in a rich, meaningful, and authentically lived life.

Elizabeth Colistra, PhD, LPC, LP, is a certified Jungian analyst, Licensed Professional Counselor, and Licensed Psychoanalyst with a private practice in the French Quarter of New Orleans. She trained at the C.G. Jung Institute of New York and the Jungian Psychoanalytic Association while completing her doctorate from Pacifica Graduate Institute. She is a teaching faculty member and supervising analyst with the New Orleans Jungian Seminar, and a member of the Inter-Regional Society of Jungian Analysts.

> 1.5 CE credit hours for LPCs and Social Workers, additional \$20





Via Zoom, Saturday, October 5, 12:00 noon, Central Standard Time

Self-Regulation and Alignment in a BodyDreaming Approach to Individuation

Presenter: Jungian Analyst Marian Dunlea from Ireland

ONLINE PRESENTATION \$20, free to Jung Society members

Findings in Neuroscience in the past 25 years have confirmed the principle of self-regulation that has been a fundamental building block in Jung's psychology. Although Jung saw the psyche's regulatory ability as a mirror of the self-regulating capacity that operates in the body, our Jungian trainings thus far have largely focused on Psyche as the main guide in the individuation process. It is now timely that we align with a more integrated embodied approach that includes the body, with its innate capacity for regulation, its drive for wholeness and healing.

BodyDreaming offers us an approach to working with the individuation process that integrates the body and psyche. It is rooted in Jungian psychology, in an understanding of the nervous system and the practice of somatic therapy. We will develop our understanding of the central role of our Autonomic Nervous System responses – fight/flight, freeze, tend and befriend – in shaping who we are becoming. We will learn how to work therapeutically to create greater ease and flow and to build coherence in the nervous system so we are not stuck in a complex or trauma response. We will focus on the nervous system's cycles of activation and deactivation and explore the processes of pendulation and titration in working with overwhelm and trauma. This process is mirrored in Jungian psychology in the concept of Transcendent Function.

Marian Dunlea M.Sc., IAAP, ICP, is a Jungian analyst, Trauma Therapist, Somatics practitioner, and author who has been teaching and leading workshops internationally, integrating body and soul. She is creator of BodyDreaming®, an embodied Jungian practice, and is director and teacher of the BodyDreaming online Training Programme. She is head of the BodySoul Europe training, sister organization of the Marion Woodman Foundation, where she is core faculty. With the development of her unique approach BodyDreaming®, Marian incorporates developments in neuroscience, trauma therapy, and attachment theory with Jungian psychology, and the phenomenological standpoint of interconnectedness. Her book, BodyDreaming in the Treatment of Developmental Trauma an Embodied Therapeutic Approach, Routledge, won the Gradiva Award for best book, 2019, with NAAP - National Association for the Advancement of Psychoanalysis, and is Co-Winner of The International Association for Jungian Studies, Best Book award 2019. www.mariandunlea.com

> 1.5 CE credit hours for LPCs and Social Workers, additional \$20





Friday, November 8, 7:30 pm

Eros, Love, and Power

Presenter: Jungian Analyst Charlene Henry

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES AVE., NOLA \$20, free to Jung Society members

"Where love reigns, there is no will to power, and where the will to power is paramount, love is lacking. The one is but the shadow of the other." - C.G. Jung

Back in 1959, Jung spoke about the world situation in which "...humanity, as never before, is split into two irreconcilable halves." Today, as we look at, and are affected by the many oppositions and the great tension in the world, we also are called to look at the splits within ourselves. Rather than looking only for outer solutions or for others to resolve these issues, we are called to look within as individuals to find those splits and to find ways to resolve them. The outer world carries the projections of what we all carry within. In *The Red Book*, Jung says, "Life does not come from outer events, but from us. Everything that happens outside has already been." Jung's own suffering from the splits within himself and his "confrontation with the unconscious" have gifted us with insights into the composition and working of the psyche. The choice is now ours as to whether or not we learn from the wisdom that arose from this suffering. In this presentation, we will look at what is meant by "splits in the psyche" with particular emphasis on love and power. Looking at the concepts of eros, love, and power, and how they have developed over time, may help us to see how these operate in our individual lives.

Charlene M. Henry, LCSW, is in private practice in Lafayette, LA. She is a psychotherapist and analyst and was one of the founders of the C.G. Jung Society in Lafayette, serving as president for ten years. She graduated from the Research and Training Center in Depth Psychology According to C.G. Jung and Marie Louise von Franz in Zurich, Switzerland. Her thesis was "Searching for Evangeline, the Quest for the Acadian/Cajun Psyche." She has lectured on various topics including alchemy, basic concepts in Jungian psychology, and archetypal subjects. She has led small groups in dream and fairy tale interpretation and in the study of The Red Book.

1.5 CE credit hours for LPCs and Social Workers, additional \$20





Friday, December 6, 7:30 pm

Sound, Mantra, and Movement

Presenter: Jungian Analyst Jennifer Embry

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES AVE., NOLA \$20, free to Jung Society members

We live surrounded by inner and outer soundscapes in this modern world that affect us for better or worse. This experience continues to be intensified through sound bites, ear pods, and artificial intelligence. By considering sound as a mediator to the archetypal field, what wisdom does Jungian psychology give us to discern and adjust its impacts on our bodies and psyches? This lecture will be an experiential weaving through Jung's words to be listened to and moved through in the form of mantra. The intention is that the energy of his words will encourage embodiment for more balance and discernment. The experience is designed to stimulate the right and left hemispheres of the brain and engage mind/body/soul/Spirit. We will look at how sound can provide a voice through the body in dreams and alchemically pave a pathway for the transcendent function, aiding the individuation process.

Jennifer Jones Embry, MBA, MA, is a Zurich-trained Jungian analyst in Houston who enjoys working at the intersections of emotion and movement, psyche and soma, creativity and spirituality. She was trained by Marion Woodman, Ann Skinner, and Mary Hamilton in BodySoul leadership training. Her interests include poetry, film, singing, nature and adventure. She is deeply curious, being an explorer and student of life. Her background in business and athletics ground her ever-growing artistic expressions.

> 1.5 CE credit hours for LPCs and Social Workers, additional \$20





WE'RE HAVING TO INCREASE OUR FEES

As much as we would prefer not to increase what we charge for membership and for our programs, we find it necessary to do so. The cost of bringing in speakers and renting space has risen which forces us to raise what we charge for memberships, programs, and CEUs. Programs will now be \$20, CEUs \$20, and memberships \$80. We hope you understand.

RENEW YOUR MEMBERSHIP NOW

NAME			
ADDRESS			
CITY		STATE	ZIP
EMAIL	PHONE		
Benefactor \$125	Regular \$80	Student \$40	Clergy \$40
3 OPTIONS : 1) Rene pay at the September C. G. Jung Society of	13th programor 3)	mail this filled-in form	with a check to:

Interested in advanced study? NEW ORLEANS JUNGIAN SEMINAR

AN APPROVED TRAINING CENTER OF THE INTER-REGIONAL SOCIETY OF JUNGIAN ANALYSTS

Founded in 1997, The New Orleans Jungian Seminar offers advanced study in the psychology of C. G. Jung. The program is designed for 1) individuals seeking to deepen their understanding of themselves, 2) mental health professionals desiring to enhance their perspectives and analytic skills, and 3) those intending to apply for analytic training with the Inter-Regional Society of Jungian Analysts (IRSJA).



C. G. JUNG SOCIETY OF NEW ORLEANS STATEMENT OF PURPOSE

Following the general thrust of Carl Jung's analytical psychology, the Society presents an interdisciplinary program to foster self-understanding by the individual. Jung's deepest interest was in arriving at insights capable of bringing genuine help to the individual. His theories laid the groundwork for a new understanding of man, the significance of which extends far beyond the boundaries of psychology in the conventional sense. The goals of the C. G. Jung Society, then, are to offer a forum for the exchange of ideas in the sphere of the humanities, that family of knowledge that deals with what it is to be human, to make value judgments, and to select wiser courses of action. As Jung often stressed, it is within the individual, and not on the level of collective social measures, that the problems of our age must be met and the foundations for a healthy society preserved and strengthened.

CONTINUING EDUCATION CREDITS FOR SOCIAL WORKERS AND LPCs

Most programs are approved for Social Work contact hours through Tulane School of Social Work and for LPC clock hours through the National Board for Certified Counselors (NBCC). The C. G. Jung Society of New Orleans has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5388. Programs that do not qualify for NBCC credit are clearly identified. The C. G. Jung Society of New Orleans is solely responsible for all aspects of the programs.

JUNG SOCIETY BOARD OF DIRECTORS

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Kathy Avsar, LPC, PhD Birmingham | katavsar@gmail.com | 205-266-4633 Elizabeth Colistra, LPC, PhD New Orleans | eacolistra@gmail.com | 504-608-0825 Lucie Magnus, MA, LPC, MFT Birmingham | lexamagnus@gmail.com | 205-870-7510 Marilyn Marshall, MA, LPC New Orleans | marilynjmarshall@gmail.com | 504-236-0735 Everett McLaren, EdD Richmond | egmclaren@earthlink.net | 804-288-6734 Jim Michel, MA Minneapolis | jamemichel@gmail.com Constance Romero, LPC, LMFT Mandeville and New Orleans | romeroce4@aol.com | 985-778-1641 David E. Schoen, LCSW, MSSW Covington | davidschoen60@yahoo.com | 985-892-9545 Laura Camille Tuley, LPC, PhD Madison | lctuley@gmail.com | 608-255-8838 Jacqueline Wright, EdD Atlanta | jacquiewright1@gmail.com | 404-327-6002 Deedy Young, LCSW, MSW Lafayette | ddyoung100@aol.com | 337-981-9601

Learn more at neworleansjungianseminar.org

FALL 2024 PROGRAM CALENDAR



Metairie, LA 70005 609 Metairie Road, #171 C. G. Jung Society of New Orleans

\$20, free to Jung Society members Saturday Self-Regulation and Alignment

Zoom Presentation

Oct. 5

Time

12 noon

Central

In-Person Presentation

Friday **The Process of Individuation**

Sept. 13 Exemplified in the Life of

7:30 pm Jungian Analyst Barbara Hannah

to Individuation

Standard (via Zoom from Ireland)

Elizabeth Colistra, Jungian Analyst

in a Bodydreaming Approach

Marian Dunlea, Jungian Analyst

\$20, free to Jung Society members

7:30 pm \$20, free to Jung Society members

Website Address: jungneworleans.org Meeting Address: St. George's Episcopal Church, 4600 St. Charles Avenue, New Orleans Mailing Address: 609 Metairie Road, #171, Metairie, LA 70005

Friday

Nov. 8

In-Person Presentation

In-Person Presentation

Friday Sound, Mantra, and Movement Dec. 6 Jennifer Embry, Jungian Analust 7:30 pm \$20, free to Jung Society members

Please put these dates on

your calendar...we look

forward to seeing you!

Eros, Love, and Power

Charlene Henry, Jungian Analyst